

# HOW TO LEARN ENGLISH

## 如何学英语

### YOU'RE NOT ALONE—GET BLOGGING!

### 并不是就你一人——建个博客吧!

**D**o you feel **stressed** and **confused** when you're learning English? **Frustrated** by your **lack of progress**? Well, don't worry. You're not alone! Zhao Xing, from Beijing felt just like this. So he decided to write to 'International English Learners' Blogsite'. A blog is an **online** diary, where people across the world **communicate** and discuss **issues** with each other.



#### Zhao Xing's Blog

Hi. I'm Zhao Xing from Beijing. I'm really **struggling** to learn English and I just need some help! I've got an exam **coming up** soon and I need to **improve** my speaking, listening, reading and writing skills. Please help me! I feel like I'm going mad! Any advice?



#### June, China

Zhao Xing! I know just how you're feeling. There must be other people in your **situation**. Why don't you get together and set up some kind of 'English Speaking Club'? You can talk to each other about your life, your **worries**... It's an excellent way to improve your English and enjoy yourself!





Li Ming, UK

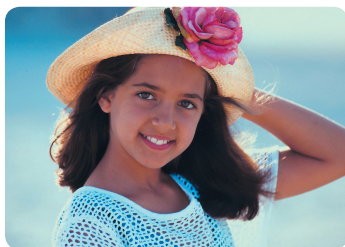
Hi there!

Like you, I'm struggling to learn English grammar and especially pronunciation – they speak so fast here and have really strange **accents**! Try to watch some English films and don't worry if you don't understand everything—just guess what they're saying.



Daniella, Spain

It's a good idea to read English newspapers. Isn't there one in China called *China Daily*?



Get your notebook out and write down and then translate some words you don't know! You'll find words repeat themselves and you'll quickly **build up** your vocabulary.

Sam, Australia

How about getting a pen friend? I'd be happy to be yours. We can send each other messages. Don't be shy! Good luck in your exams. Take a deep breath, smile and you'll be fine!



## EXERCISES

1. Match the word with its correct meaning in the text.

frustrated

making a great effort

struggling

increase

build up

discouraged

2. Answer the following questions briefly.

- 1) What can people do on a blog?
- 2) Which two people have a similar problem?
- 3) What does Sam advise Zhao Xing to do?

## WORD BANK



stressed	adj.	感到（身体或精神）压力的
confused	adj.	困惑的，烦恼的
frustrated	adj.	受挫折的
lack	n.	缺乏
progress	n.	进步
online	adj.	在线的
communicate	v.	沟通
issue	n.	问题
struggle	v.	努力，奋斗
come up		接近，即将发生
improve	v.	提高
situation	n.	情形，状况
worry	n.	烦恼
accent	n.	口音
build up		增大



# TERM REPORTS

## 学期报告单

End of Term Report	
Student's Name	Zhao Xing
Subject	English
Teacher	Mr Dickens

Zhao Xing has always been a **hard-working** pupil. However, he finds that studying English is very difficult. At the beginning of the term, he was struggling to **keep up with** his classmates. So I was very pleased that at the end of this term, Zhao Xing came top of his class. All areas have improved greatly.

In his writing, his spelling and **punctuation** are much better. He is able to correct his own work and help correct other pupils'. In speaking, he is much more **confident**. He can have English conversations with his friends and with me. He takes part in group work and he is not afraid to speak anymore. He is able to read and understand quite difficult texts much more easily. When I ask him questions in English, he smiles and can answer them quickly.

Zhao Xing should feel very **positive** about the progress he has made this term. If he **continues** like this, he will do very well indeed.



## WORD BANK

hard-working	adj.	勤奋的
keep up with		跟上
punctuation	n.	标点
confident	adj.	自信的
positive	adj.	确定的, 有信心的
continue	v.	继续
popular	adj.	受欢迎的
result	n.	成绩
disappointing	adj.	令人失望的
concentrate on		全神贯注于
basic	adj.	基本的
realise	v.	认识到
intelligent	adj.	聪明的



End of Term Report	
Student's Name	Sam Smith
Subject	English
Teacher	Mrs Black
<p><i>Sam is a <b>popular</b> member of the class. He is also very clever. However, his <b>results</b> this term in English have been very <b>disappointing</b>. In his final writing exam, he made a lot of mistakes and came last in the class. He should try and check his writing more and <b>concentrate on</b> his spelling.</i></p> <p><i>When he is speaking, he should remember to speak more slowly and clearly. Sometimes, it is very difficult to understand what he is saying. He doesn't seem to listen carefully either. His knowledge of <b>basic</b> English grammar is poor. He needs to buy a good grammar book and study it every day.</i></p> <p><i>I <b>realise</b> that Sam is the youngest member of his class. He is an <b>intelligent</b> pupil who could do well, if he tries harder.</i></p>	

## EXERCISES

### 1. Fill in the blanks.

- 1) At the beginning of the term, he was struggling to keep up \_\_\_\_\_ his classmates.
- 2) He is able \_\_\_\_\_ correct his own work and help correct other pupils'.
- 3) He takes part \_\_\_\_\_ group work and he is not afraid to speak anymore.
- 4) He should try and check his writing more and concentrate \_\_\_\_\_ his spelling.

### 2. Decide whether the following statements are true (T) or false (F).

- 1) Zhao Xing's English teacher is Mrs Black. ( )
- 2) Zhao Xing has made great progress in English. ( )
- 3) Sam is not as hard-working as Zhao Xing. ( )





# CHATTING ONLINE

## 网上交流

◎ Zhao Xing:

Hi Sam. How's it going? It's great to have an online pen friend. I'm feeling great today. We got our end of term reports and my parents were so pleased. I've never seen them smile so much. How about you?

★ Sam:

Hi Zhao Xing. Yes, it's good to hear from you. My report came today and I've never seen my parents look so unhappy. I can't believe it.

◎ Zhao Xing:

I'm sorry to hear that. Do you remember the advice June gave me about setting up an English club? Well, I did! A group of us meet after school and talk about things that interest us. Often we just talk about films we have seen. There's only one rule when we meet – you must speak English! I enjoy meeting different people. It's really helped me to feel confident when I speak English in class. Why don't you try and do the same?





★ Sam:

That's a really good idea, thanks.  
There are lots of people from different countries in my school. The trouble is, they stay in little groups and don't **mix** very well.

◎ Zhao Xing:

It must be difficult for you. There must be things you can do outside school. I really like football, so I've joined a football club. It's great because we do something we really enjoy and speak English at the same time! And we get **fit** as well! How about trying the same?

★ Sam:

I can't play football but I can play the drums! I've got a friend who can play the **guitar**. Another can play the piano. Maybe we could make a music group **instead**!

◎ Zhao Xing:

Yes, great idea. Do it and let me know how you get on. But make a rule for your music group. When you are together, you may only sing and speak in English!



## EXERCISES

1. Choose the correct words or phrases to fill in the blanks.

set up

fit

instead

- 1) You should keep \_\_\_\_\_ with diet and exercise.
- 2) If there is no coal, oil can be used \_\_\_\_\_.
- 3) His uncle \_\_\_\_\_ a factory three years ago.

2. Answer the following questions briefly.

- 1) What kind of friends are Zhao Xing and Sam?
- 2) What is the rule for Zhao Xing's English club?
- 3) Why can't Sam set up an English club?

## WORD BANK



mix

v.

交往

fit

adj.

健康的

guitar

n.

吉他

instead

adv.

代替



## MODULE ACTIVITY

- How do you learn English? What do you think is the best way to learn English?

## NOTES

### PASSAGE 1

1. A blog is an online diary, where people across the world communicate and discuss issues with each other. 博客是一种网上日志，全世界的人都可以上面互相交流和讨论问题。
2. Why don't you get together and set up some kind of 'English Speaking Club'? 你们为什么不凑到一起成立个“英语演讲俱乐部”呢？
3. Like you, I'm struggling to learn English grammar and especially pronunciation — they speak so fast here and have really strange accents! 和你一样，我也在努力学习英语语法，特别是发音——这里的人说话都特别快，而且还有奇怪的口音！
4. Try to watch some English films and don't worry if you don't understand everything — just guess what they're saying. 试着看一些英文电影，即使不能看懂全部也不要担心——你就猜测他们在说什么就行了。
5. You'll find words repeat themselves and you'll quickly build up your vocabulary. 你会发现单词会不断重复出现，你的词汇量会迅速增加。

### PASSAGE 2

1. However, he finds that studying English is very difficult. 可是，他却发现学英语非常困难。
2. So I was very pleased that at the end of this term, Zhao Xing came top of his class. 所以，这个学期末，赵星在全班名列前茅，我感到非常高兴。
3. Zhao Xing should feel very positive about the progress he has made this term. 赵星应该对自己在这个学期取得的进步感到非常乐观。





4. When he is speaking, he should remember to speak more slowly and clearly. 讲话时，他应该记住要讲得更慢、更清楚些。
5. He is an intelligent pupil who could do well, if he tries harder. 他是个聪明的学生，如果再努力些，他就能取得好成绩。

### PASSAGE 3

1. Do you remember the advice June gave me about setting up an English

club? 你还记得琼给我提的有关成立英语俱乐部的建议吗?

2. The trouble is, they stay in little groups and don't mix very well. 问题是，他们都只呆在小群体里，相互之间不怎么交往。
3. It's great because we do something we really enjoy and speak English at the same time! 它（足球俱乐部）棒极了，因为我们在做自己真正喜欢的事情的同时又说了英语！
4. Do it and let me know how you get on. 成立乐队吧，告诉我你们的进展情况。

## KEY TO THE EXERCISES

### PASSAGE 1

1. 

frustrated	making a great effort
struggling	increase
build up	discouraged

2. 1) They can communicate and discuss issues with each other.
- 2) Zhao Xing and Li Ming.
- 3) Get a pen friend.

### PASSAGE 2

1. 1) with 2) to 3) in 4) on

2. 1) F 2) T 3) T

### PASSAGE 3

1. 1) fit
- 2) instead
- 3) set up
2. 1) They are online pen friends.
- 2) You must speak English.
- 3) Because people in his school stay in little groups and don't mix very well.

